



## Saddle Up!

BARRINGTON HILLS SADDLE CLUB TEACHES CHILDREN  
THE ART OF HORSEMANSHIP

**S**TARTING IN MARCH and through October this year, Barrington Hills Saddle Club will offer four sessions for children ages six to 12. Classes meet on Thursdays after school from 4:30 to 5:45 p.m. There will also be three-day camps on July 14, 15, and 17, with each class running from 9 a.m. to noon. Sponsored by the Barrington Hills Park District, sessions will be held at the Barrington Hills Riding Center.

Saddle Club attendees will learn basic riding skills or enhance their current skill levels. Handling horses will also be taught with emphasis on safety, grooming, and tacking. Sessions will also include training on nutrition for horses, health, first-aid, and bathing. The benefit of learning how to care for a horse builds a child's self-confidence and encourages discipline. Children will also meet others who enjoy horses in the club.

### RIDING BASICS

Part of the Saddle Club program is to teach children basic mounting positions and proper balance on the horse. Lessons include how to increase and decrease speed with the horse, and how to steer the horse. There will be riding outside with weather permitting.

The program is open to beginning riders as well as intermediate riders. The cost is \$270 per six-week session.

### PARTICIPANT REQUIREMENTS

Saddle Club participants are required to wear an ASTM/SEI certified equestrian helmet. Helmets used for other sports will not be allowed. If your child does not have a riding helmet, the club will lend one.

All riders must wear full-lengths pants. Shorts

or skirts are not allowed. Cultural or religious accommodations can be made; please advise when you book your child's session. All riders must wear a boot with a small, defined heel (i.e., hiking boot, work boot, rain boot). Sneakers, UGGs, open-toed or flat soles are not acceptable for the program.

### SESSIONS SCHEDULE

Available sessions are as follows: March 12–April 16; April 23–May 28; August 6–September 10, and September 24–October 29. There will also be three-day camps on July 14, 15, and 17, with each class running from 9 a.m. to noon.

Reservations: To reserve your child's spot, call Jill Zubek at 312-925-1756 or email her at [zubak@att.net](mailto:zubak@att.net). 