

ABOUT TOWN

BARRINGTON health & wellness summit

A Curated Group
of Experts
Bringing the
Health & Wellness
Movement
to Barrington

February 28 – 29, 2024
Barrington's White House

Barrington Health & Wellness Summit

Wednesday, February 28, 9:30 a.m. – 4:00 p.m.; 5:30 – 7:30 p.m.

Thursday, February 29, 9:30 a.m. – 4:00 p.m.; 7:00 – 9:00 p.m.

2-Day Ticket: \$200 • 1-Day Ticket: \$100 • Virtual 2-day Ticket: \$100 • Women's Night Out \$50
For more details, visit barringtonwhitehouse.com/bhws

The Barrington Health & Wellness Summit gathers leading experts from all over the country to explore a variety of topics including cancer prevention, mental health, pediatric health, culinary medicine, microbiome, integrative medicine, brain health, women's health, antibiotics, disease prevention, and more.

Sponsored by Kim Duchossois, Advocate Good Shepherd Hospital Smart Farm, and Ascension Healthcare.

Featured Expert Speakers:

Dr. Jeanene Caccapola	Susan Hespso, PhD	Steffanie Strathdee, PhD
Dr. Christina Ciaccio	Dr. Jennifer Knight	Dr. Melinda Ring
Dr. Sandeep Chunduri	Dr. William Li	Dr. Aarthi Vijaykumar
Ashely Dyer	Dr. Leslie Mendoza Temple	Dr. Ellen Vora
Dr. Judy Fulop	Dr. Theresa Nguyen	Dr. Lori Walsh

The QB Calendar

WOMEN'S BIZ NET

[Barrington Area Chamber of Commerce](#)

Thursday, January 18

The Club at Wynstone

11:30 a.m.–1 p.m.

A panel of local experts will share marketing trends, tips, and strategies. Event includes lunch, networking, and program. Members: \$35/Non-members: \$45. Register at barringtonchamber.com.

BACC ANNUAL DINNER

[Barrington Area Chamber of Commerce](#)

Thursday, January 25

Avante Banquets at 6 p.m.

BACC's Annual Dinner "Groovin' into 2024" invites you to its signature fundraiser event to kick off the New Year. Cocktails at 6 p.m. followed by a buffet dinner, announcements,

a DJ, and online silent auction for student scholarships. Tickets \$65. For details and to register, visit barringtonchamber.com.

BARRINGTON TOWN WARMING

[Village of Barrington](#)

Saturday, February 3

Barrington's White House

9 a.m. to 3 p.m.

This year's theme is "Intelligence: Artificial, Political, and Central," featuring Former Secretary of State and CIA Director Mike Pompeo. He will be interviewed by Motorola Chairman and CEO Greg Brown. Tickets are \$150 per person which includes breakfast, lunch, and a reception. See page 60 in this issue for details, or visit barringtonwhitehouse.com. Guests must register to attend.

INAUGURAL COCOA CRAWL

[Lake Barrington/Pepper Park](#)

Saturday, February 10

Check in 1 p.m.

Enjoy winter shopping and festivities in Lake Barrington shops and businesses. Tickets are \$20 per person. For details and to register, visit barringtonchamber.com.

ECONOMIC SUMMIT 2024

[Barrington Area Chamber of Commerce](#)

Wednesday, February 14

Barrington's White House

8:30–10 a.m.

Barrington area village leaders share updates and what's happening in their communities. This event is open to the public, but requires guests to register at barringtonchamber.com. Fee \$15 includes coffee and pastries.



Fabio Viviani

Winter Culinary Retreat Benefiting Bunker Hill Charities with Chef Fabio Viviani

JOIN CELEBRITY CHEF FABIO VIVIANI for an exclusive, overnight getaway at the pristine 450-acre private resort Bunker Hill Farms. An intimate group will have a chance to enjoy a private cooking class and lunch with Chef Fabio, winter activities along with a multi-course dinner prepared by Chef Fabio and Bunker Hill Farms Executive Chef Mario Scordato.

Available for a group of 12 people at \$24,000 or individually priced at \$4,000 per couple, guests will be treated to this all-inclusive experience complete with food and beverage (including breakfast, non-alcoholic drinks, beer, wine, and spirits), a full-service staff and luxury accommodations, in addition to the hands-on cooking class and on-site activities of their choice. The getaway will begin on Saturday, February 3 at 10 a.m. with guests departing on Sunday, February 4 at 11 a.m. Bunker Hill Farms is in Woodstock. For more information and/or to reserve your spot, email info@bhcharities.org. Limited spaces available. Learn more at bhfarms.com.



Bunker Hill Farms

What's Happening at the Barrington Area Chamber of Commerce



The Barrington Area Chamber of Commerce and the Village of Lake Barrington gathered for a ribbon cutting ceremony on Tues., Nov. 28 to celebrate the opening of Bente Vintage located at 28686 W. Northwest Highway in Lake Barrington. Bente is a home decor shop specializing in handmade Oriental rugs and unique curated home goods. Kruez also works with designers and customers to source vintage rugs for their projects. For more info call 224-339-0519 or visit bentevintage.com



The Barrington Area Chamber of Commerce and the Village of Barrington gathered for a ribbon cutting ceremony on Thurs., Dec. 7 to celebrate the new Sundial Brewing and Blending located at 200 Applebee St., Ste. E, at the Ice House Mall in Barrington. For more info call 224-385-3158 or visit sundialbrewingand-blending.com.

BACC Welcomes New Members

AFC Services Inc.
Bente Vintage
Bullseye Axe Lounge
Conifer Bay Capital LLC
Doctor Daughters
Downspools
Get Cozy Bars of Chicago
Level Health and Wellness
MIK Electrical Solutions

Moovers Chicago Inc.
Sara B Therapy for Women and Adolescents
Save-A-Pet
Social Butterfly Event Rentals & Design
Store More 365, Inc.
Studio Sunup
Trotter Wealth Management Group
VCA Noyes Animal Hospital



Buying or Selling? I am your Agent!

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Sabina Wunderlich

sabinawunderlich@atproperties.com

773.951.2867

Mowie po Polsku



Wreaths Across America Day

A COMMUNITY SUCCESS AT EVERGREEN CEMETERY

THIS YEAR'S THEME for Wreaths Across America was "Serve and Succeed." This fifth annual patriotic remembrance event in Barrington was a success, primarily due to the support of the community organizations that made commitments of time and financial assistance.

Despite the rainy, chilly weather, nearly 200 people attended the Wreaths Across America Day program on Saturday, December 16 at Evergreen Cemetery in Barrington. Members of the Signal Hill Chapter of the National Society Daughters of the American Revolution welcomed and guided community attendees to participate in a brief memorial service at noon, and then issued live balsam wreaths for placement on the graves of 807 Veterans interred at the cemetery.

Throughout 2023, the Signal Hill Chapter garnered financial support from Veterans of Lake Barrington Shores, American Legion Post 690, UBS Financial of Barrington, as well as Chapter members and area citizens.

Barrington High School's football team assisted with receiving and staging the delivery of multiple boxes of wreaths that had been received a few days prior. Barrington-area Boy Scouts and Girl Scouts participated in the Memorial Ceremony and honored guests included Village President Karen Darch and State Senator Dan McConchie.



PHOTO: BOB LEE

Despite the weather challenges, all wreaths were placed in a 90-minute time frame.

This annual event is enabled by the support of the Board and staff of Evergreen Cemetery Association, whose enthusiasm and guidance has helped make Wreaths Across America Day a Holiday tradition in Barrington. For more information, visit SignalHillDAR.com.