



Ready, Set, GLOW!

Dr. Stacie Stephenson Leads the Way to Vibrant Health

Dr. Stacie Stephenson is America's leading lifestyle medicine doctor and a pioneer of functional and integrative medicine, who has dedicated her life's work to helping people create vibrant health from within to prevent chronic disease and improve health.

Currently, she is a board member of The American Nutrition Association and serves as the Vice Chair for Gateway for Cancer Research. She works tirelessly as a philanthropist, and is an advocate for children's health worldwide. She was a practicing physician for 15 years, the former Chair of Functional Medicine for Cancer Treatment Centers of America, and has partnered with the American Heart Association for nutritional outreach.

In March of 2023 at the Women's Cancer Fund Gala in Beverly Hills, Dr. Stephenson and her husband Mr. Richard J Stephenson were awarded the Unsung Hero Award for their philanthropic efforts to support cancer research and patient-oriented treatment and care. "I was so honored to receive the Unsung Hero Award. To me, this is an acknowledgement of the work my husband and I have done with such passion and commitment over decades to support cancer research," Dr. Stephenson said.

Dr. Stephenson is also author of the bestselling books "Glow: 90 Days to Create Your Vibrant Life from Within" and "Vibrant: A Groundbreaking Program to Get Energized, Own Your Health, and Glow."

She has been featured across national and regional media including Dr. Oz, Good Morning America, Extra, Parade, KTLA, Purist, Women's Health, Prevention, and many more. Dr. Stephenson and her husband and children share their time between homes in the Midwest and Arizona.

**To learn more and connect,
visit drstaciestephenson.com**

