



## ***Suffering or in Pain? Don't Just Live with It!***

At The Neuroscience Center, we treat the most challenging and complex cases of depression and brain illness. This type of pain, most often invisible, affects not only the patient, but their loved ones as well. Their suffering can deteriorate a person's judgment, transform their whole being and affect every aspect of life. At some point, it might cause the support system to fail, leaving someone alone during their darkest time.

We strive to build a healthy relationship with our patients and their support system, which can be just as important as the treatments we provide. We work with a patient's existing care providers and together help create a personalized treatment plan. Our extensive testing can better identify root causes, which then inform our interventions and recommendations. Pain can be "local" (i.e., a broken bone), "central" (phantom limb, depression), or "mixed" (local pain that "morphs" into Complex regional pain syndrome). Autoimmune diseases and other inflammatory illnesses are notorious for mixed pain syndromes. Mixed pain benefits from our specialized diagnosis process and personalized treatment plans. Common causes include:

- RSD/CRPS (Reflex Sympathetic Dystrophy / Complex Regional Pain Syndrome)
- Rheumatoid Arthritis
- Systemic Lupus Erythematosus
- Lyme and Other Post-Infection Pain
- Traumatic Brain Injuries (TBI)
- Major Depression Disorder (MDD)
- Errors of Metabolism
- Toxins/Parasites
- Sleep Disorders
- Hormonal Imbalance/Deficiencies
- Panic Disorder
- Anxiety

If you or your loved one have tried everything and nothing seems to work, please consider what we have to offer.

### **Treatment Professionals:**

**If you are a treatment professional who is working with a patient who has been unable to improve and stabilize through traditional methods, please reach out. We offer a practical approach using cutting-edge therapies. We work to collaborate with and support other health care professionals to help ease suffering and improve outcomes. We believe that in the recovery community, we are 'better together.'**

*Steve Best, M.D. provides the highest level of neuropsychiatric and psychiatric care to child and adult patients suffering from complex illnesses, treatment-resistant illnesses, and high-comorbidity disorders. Dr. Steve Best is board-certified in psychiatry and has been the director of The Neuroscience Center in Deerfield, Illinois, since 1996. He specializes in brain disorders that affect emotional health, cognitive ability, and everyday behavior. His professional interests include:*

- *Treatment resistance (for mood, pain, consequences of stroke, dementia, concussion, or traumatic brain injury)*
- *Disorders of learning, learning disability, learning differences, and/or developmental disorders*



**The Neuroscience Center**  
*Practical Approach. Cutting-Edge Therapies*

**Steve Best, M.D., Director**

The Neuroscience Center  
440 Lake Cook Road  
Deerfield, IL 60015

**847-236-9310**

Email us at [schedule@neuroscience.md](mailto:schedule@neuroscience.md)